

2-4-1

**2 Certifications for
the Price of 1**

Certified Hypnosis Instructor
Certified NLP Instructor
Reiki Master/Teacher

Mobile: 217. 822. 8107

Web: www.hypnosiswithjerri.com
www.jerrishealinggarden.com



Jerri L. Wilkerson, MS, CHT

NFNLP NLP and NGH Hypnosis Certification Course

This intensive class...

Develops and teaches the basic skills for your success journey:

- Increase your learning ability
- Present yourself professionally in difficult situations
- Turn obstacles into opportunities
- Improve communications
- Make positive changes quickly and easily

Consists of:

- Lectures
- Examples
- Hands-on practices and feedback

Take this class and...

Learn how to:

- Reduce/eliminate difficulties life
Change thought and behavior patterns
Become more positive and optimistic
- Increase focus, attention, concentration and awareness
- Build rapport instantly in life situations
- Develop and perfect the ability to change unwanted emotional/mental states at will

LIMITED SPACE - CALL NOW!

(217) 822-8107

Fee: \$1795 - Credit cards accepted!
(Payable at registration)

Times & Dates: 8:30am - 7:00pm
11/2 & 3, 11/9 & 10, 11/16 & 17, 11/23 & 24
Saturday & Sunday for 4 consecutive weeks

Location: Northbrook, IL
(Address provided upon registration)

Lodging Available:
Renaissance Chicago North Shore Hotel
Northbrook, IL 60062
(847) 498-6500

Attain immediate results:

- Be more effective in relationships
- Develop and improve skills to help clients achieve dreams
- Improve emotional/mental mood with learned techniques
- Increase understanding of yourself and your clients
- Change your way of thinking and action to ensure success

This course teaches how to immediately use hypnosis and NLP safely, rapidly, effectively, naturally and efficiently.

Combined course: approximately 100 classroom hours with practice and home study

NFNLP NLP and NGH Hypnosis Certification Course

2 Certifications for the Price of 1 (NLP Course Approximate Value \$630)

NLP Basic Practitioner Certification (Includes 1 year National Federation of NLP membership)

How one uses the language of the mind to consistently achieve specific and desired outcomes.

Principles and Practices of NLP

- Anchoring - the heart of NLP
- Visual Squash - Stop Addiction
- Predicates - language of the mind
- Linear time processing - "Timeline 2000"
- Re-parenting - Advanced Inner Child Work
- New Behavior Generator - advanced patterns

Basics

- get into another's mind
- see and hear expertly
- ask the right questions for change
- change internal states
- access personal strengths
- make rapid, lasting changes
- Q & A about NLP
- New Behavior Generator
- Frames of NLP

Applications

- The Meta Model
- Swish Pattern
- Godiva Chocolate Pattern
- Mend a broken heart
- Change personal history
- New Behavior Generator #1 for Addictions/Compulsions

NLP Strategies

- Information gathering
- Outcome elicitation
- Fast phobia techniques
- Subconscious rapport skills
- Representation systems
- Eye accessing cues
- Adding Resources

Student materials will be provided during the course.

NGH Hypnosis Certification (Includes 1 year NGH Membership)

How to achieve a relaxed and focused state of mind in which the subconscious is receptive to receive helpful and beneficial suggestions.

Principles and Practices of Hypnosis

- What it is and How to Do It
- Conscious and Unconscious
- Suggestion Management
- Mechanical Aids
- Session Structure
- Ericksonian Approach
- Trance Depth
- Deepening Techniques
- Mechanical Aids

Basics...

- Ethics
- Session Structure
- Behavioral Assessment
- Goal Setting
- Mind/Body

Applications...

- Anesthesia Management
- Smoking Cessation
- Weight Management
- Stress Management

Hypnotherapy

- Image Psychology and Hypnosis
- Self-Hypnosis
- Principles of Hypnotherapy
- Understanding Psychology
- Transpersonal Psychology & Hypnosis
- Counseling Hypnotism
- Hypnotherapy Counseling Skills

Course Materials:

- Student Books #1 & #2
- Understanding Psychology Book
- Student Script & Information Packets
- Pendulum
- DVD/CD case set
- Master Marketing Book